

Recovering health.
Restoring confidence.
Reinvigorating life.

## Remote Rehab and Prehab for Your Patients Anytime, Anywhere

The Recovery *Plus*. health method is a clinically proven remote patient care and management platform designed to increase recovery and long-term survival rates for patients who've had cardiac events, are at risk, or have other conditions requiring rehab.

#### What are the Benefits?

For patients, it means faster recovery, a better quality of life, fewer medications, and more independence.

#### For clinicians it means:

- Reduced cardiac readmission rates to as low as 2%
- Improved adherence to prescribed therapy
- The ability to manage patient care more effectively
- More efficient communication
- Data-driven, quantifiable results
- No additional cost to your practice



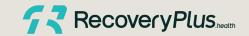
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**Get Your Patients Started With Remote Rehab Or Prehab** 





#### **Lives Can Be Saved**

Statistics show that an astounding 80% of the nearly one million Americans who suffer a coronary event annually do not follow through on doctor-prescribed treatment plans, resulting in repeat occurrences, re-hospitalizations, and even fatalities.

#### **Barriers to Care**

Traditional cardiac rehab programs have an average dropout rate of 24% - 50%.

Research shows most patients DO NOT follow prescribed rehabilitation for a variety of reasons:



Facility location



Job schedule



Expense





Time constrains



Mental/emotional health

Lack of transportation



Immobility



-amily care



Lack of trained staff

#### **How Does it work?**

#### **Remote Monitoring**

Consistent and closely monitored medical follow-up is critical to recovery. Through the HIPAA-compliant RecoveryPlus.health Provider Dashboard, medical professionals can manage patient care efficiently with remote monitoring in real time.

#### **Automated Alerts**

The automated system measures patient progress for optimal recovery and triggers alerts and reminders, delivered straight to the patient's phone for events require immediate attention.

#### **Easy Interface**

The system offers on-screen step-by-step guides for patients and providers and easy access to electronic health records and insurance billing.

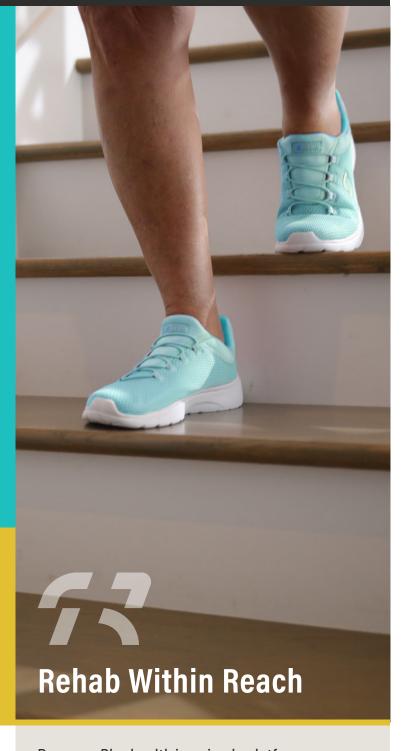
#### **Content Library**

Providers have access to a video content library of over 10,000 exercises with a variety of routines to help craft customized programs for patients.

# The Recovery*Plus.*health Difference

Recovery Plus. health is a technology-based telehealth program that's simple. We partner with post-acute facilities to initiate in-patient rehab that seamlessly transitions to a home-based program. Rehabilitation wcan now be delivered easily, effectively, and efficiently to increase patient compliance and maximize outcomes.





## Proven Recovery Plus. health Outcomes\*



Hospital readmission rate vs **30%** without it



Compliance rate vs **15-20%** for traditional rehab



Eliminates **up to 1M** unnecessary ER visits annually

\*Stats based on remote cardiac rehab results

### Is it Covered by Insurance?

Recovery Plus. health is a medically approved program reimbursable by Medicare, Medicaid, and most commercial insurance plans. In addition, providers can be reimbursed for the time they spend using the dashboard to monitor their patients. Also, if the patient is part of a medical home effort, time spent monitoring progress can be reimbursed under those provisions.

Recovery Plus. health is a simple platform for providers to set up and administer remotely using a free Provider Dashboard.

